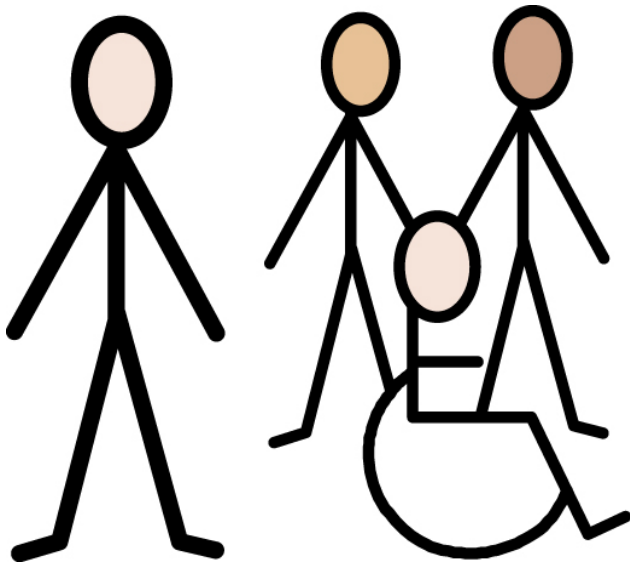


Community Based Resources: What is available and how to I access them?



The Arc of Northeast Tarrant
County October 1, 2014

Presented by: Community **Now!**

<http://www.communitynowfreedom.org/>

Follow us on facebook

<https://www.facebook.com/communitynowfreedom>

Community Now!

Community Now! is a statewide 501 c3 nonprofit organization passionately committed to promoting inclusive communities for all Texans often marginalized because of a disability.



COMMUNITY **NOW!**

We Believe...

Our loved ones with disabilities should have the option to live in their communities and not languish on long waiting lists for services or forced to live in a dangerous, dehumanizing segregated institution.

The services for our citizens with disabilities must be nothing short of exceptional and that those responsible for providing these services must be held accountable.

Public policy and tax dollars must be aligned to support Texans with disabilities who want to live in smaller, more cost efficient settings in their communities and no longer support the waste and abuse of a failed institutional system.



COMMUNITY **NOW!**

What is your dream?

- What do you want for your child now and in the future?
- **What do they want for themselves?**
- How do YOU define your role in helping your child reach ***their*** goals?
- Who can help you to help your child reach their goals?



... disability is a natural part of the human experience and in no way diminishes the right of individuals to —

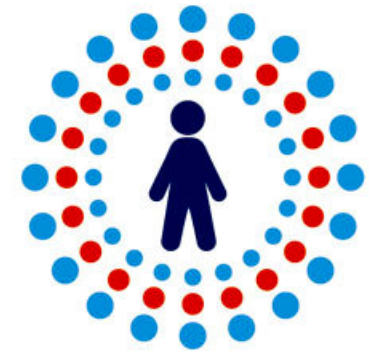
- (A)** live independently;
- (B)** enjoy self-determination;
- (C)** make choices;
- (D)** contribute to society;
- (E)** pursue meaningful careers; and
- (F)** enjoy full inclusion and integration in the economic, political, social, cultural, and educational mainstream of American society

Disability Is Natural <http://www.disabilityisnatural.com/>



Person-Centered Planning

- a discovery process that leads to finding the balance between what is important **to** a person and **for** a person
- uses a variety of tools and strategies
- encourages people to listen with all senses



Person Centered-Planning Resources

Families Planning Together: Starting to Work on an Essential Life Style Plan

<http://learningcommunity.us/documents/FPTGuide.11-03.pdf>

Creating a Good Life in Community: A Guide on Person Directed Planning

<http://www.individualizedfunding.ca/A%20Guide%20on%20Person-Directed%20Planning.pdf>

Dreamworks Planning Tool

http://www.arcnetc.org/uploads/Dreamwork_My_Child.pdf

Person-Centered Planning Tool Kit

<http://www.arcnetc.org/uploads/PersonCenteredPlanningToolkit.pdf>

It is better to look ahead and prepare than to look back and regret.” - Jackie Joyner-Kersey

Resources: Where To Look?

- Charitable Organizations
 - Faith Based Initiatives
 - Federal/State Programs
 - Internet
 - National Organizations
 - **Natural Supports**
 - Non-Profit Organizations
 - Parent Information/Support Groups
 - Public Education
 - Special Interest Groups
-



Federal & State Programs

- Texas Department of Aging and Disability Services – DADS
- Texas Department of Assistive and Rehabilitative Services – DARS
- Texas Department of State Health Services – DSHS
- Texas Education Agency – TEA
- Texas Health and Human Services – HHSC
- Medicaid & CHIP | SNAP | TANF
<http://yourtexasbenefits.hhsc.state.tx.us/>
- Social Security
<https://disabilityapprovalguide.com/states/texas-social-security-disability-attorney.html?src=bingTX>



Long-Term Care Supports & Services

Long-term care supports and services (LTSS) provide daily health care and living needs to qualified individuals (of all ages) who have a disability or long-term illness in the community or in an institutional setting.

LTSS include, but are not limited to...

- Adaptive Aids
- ADL
- Behavioral Supports
- Dental
- Financial Management
- Habilitation
- Personal Care
- Minor Home Modifications
- Nursing
- Residential Assistance
- Respite
- Specialized Therapies
- Supported Employment
- *And more...*

"**Independence** is not measured by the number of tasks we can do without assistance, but by the **quality of life** we can lead **WITH** assistance."

Americans with Disabilities Act of 1990

Generally speaking...

- Some LTSS programs **do not** consider family income.
- Access to Medicaid Waiver programs is lengthy!
 - Name placed on an “interest list”
 - Keep contact information current!
 - Yearly contact **required!**
- LTSS program eligibility is determined when services are offered.

Interest list reduction summary:

<http://www.dads.state.tx.us/services/interestlist/index.html>



- LTSS programs include but are **NOT** limited to Medicaid Waiver programs, HCS group homes and ICF-IID facilities.
- Each LTSS program has different eligibility requirements, rules, funding amounts and service options.
- LTSS program options vary by county.
- Service rates vary per LTSS program.
- Institution-based care costs are considerably higher than community-based care.

DADS Community-Based LTSS Programs

Medicaid Waiver programs are the most commonly known LTSS.

Medicaid Waiver programs administered through the Texas Department of Aging and Disability Services (DADS)

- Community Based Alternatives (CBA) – **no longer at DADS**
- Community Living Assistance and Support Services (CLASS)
- Deaf-Blind/Multiple Disability (DBMD)
- Home and Community Based Services (HCS)
- Medically Dependent Children Program (MDCP)
- Texas Home Living (TxHmL)

Waiver Program comparison chart

http://www.dads.state.tx.us/providers/waiver_comparisons/LTSS-Waivers.pdf

Targeted HCS Diversion Slots

- The Texas Department of Aging and Disability Services (DADS) may make available a targeted HCS waiver slot to an individual with an intellectual disability who is determined to be at imminent risk of admission to an SSLC.
- A slot is *not* available to an individual who has criminal charges pending or who is eligible for admission to the forensic SSLC.

View the Targeted Diversion Slot Protocol here:

http://www.dads.state.tx.us/handbooks/lah/res/HCS_Diversion_from_SSLC.pdf

View the Targeted Diversion Slot Application here:

<http://www.dads.state.tx.us/forms/8726/8726.pdf>

Other Community-Based LTSS programs include, but are not limited to...

- Community Attendant Services
- Consumer Managed Personal Attendant Services
- In-Home and Family Support Program
- Primary Home Care
- Special Services to Persons with Disabilities

IDD Community Services

IDD Community Services (Local Authority): Services and supports, such as day habilitation, community support and respite provided to assist persons to live in the community.

<http://www.mhmrtarrant.org/Services/Intellectual-and-Development-Disabilities>.

Healthcare Transformation Initiatives

Healthcare Transformation Initiatives: The Texas Healthcare Transformation and Quality Improvement Program is a 5-year federally approved waiver (also known as the 1115 Waiver) that allows providers to reshape healthcare in their communities and improve access for low-income individuals to affordable care.

<http://www.mhmrtarrant.org/Media/Health-Care-Transformation-Initiatives>.

Consumer Directed Services (CDS)

- Gives you a choice about how your services are managed:
 - Agency option (Agency Managed)
 - Service Responsibility option (Co-Managed)
 - Consumer Directed Services employer (Self-Managed)
- Services that can be self-directed vary by program

<http://www.dads.state.tx.us/services/cds/index.html>



DADS Institution-Based LTSS

Intermediate Care Facility for Persons with an Intellectual Disability or Related Condition (ICF-IDD) – An ICF-IDD is state operated facility that provides 24 hour residential and habilitation services to qualified Individuals.

There are two types of ICF-IDD in Texas.

- Community-based home (small – up to 8 people, medium 9 to 13 people, and large - 14+ people)
- State Supported Living Centers (SSLCs) – large institution for apx. 70 – 550 residents

* Texas maintains 13 SSLCs

* SSLC resident population as of October 2013: 3524

Texas SSLCs have and continue to be monitored as part of a settlement agreement with the Department of Justice, Office of Civil Rights for “serious deficiencies at multiple facilities, a long history of abuse, neglect, and exploitation and failure to serve Facility residents in the most integrated setting appropriate to their individual needs”.

Details of the DOJ Complaint, the settlement agreement, and all monitoring team reports are available on the CN! website.

<http://www.communitynowfreedom.org/DOJ - Monitoring Reports.php>

Nursing Facility (NF) – residential facilities that provide services for individuals whose medical condition regularly requires the skills of licensed nurses.

LTSS: A closer look...

- Comparison charts were created to describe the similarities and differences among DADS LTSS waiver and entitlement programs
 - LTSS Entitlement Programs
http://www.dads.state.tx.us/providers/waiver_comparisons/LTSS-Entitlement.pdf
 - DADS Waiver Programs
http://www.dads.state.tx.us/providers/waiver_comparisons/
- LTSS program details and contact information are available through the DADS website at <http://www.dads.state.tx.us/services/listofservices.html>
- You can also find information in the DADS Community Services and Program Operations on long-term services and supports options booklet at: http://www.dads.state.tx.us/providers/community_options.pdf

NOTE: The Olmstead decision requires states to eliminate unnecessary segregation of persons with disabilities and to ensure that persons with disabilities receive services in the most integrated setting appropriate to their needs. For more information about the Olmstead decision, visit <http://www.ada.gov/olmstead/index.htm>.

The 83rd Legislative Session

Over the course of the 2014-2015 biennium:

- 5,700 new people will be served in Medicaid waiver programs.
- The number of people served in the promoting independence program will increase by 1,150.
- Senate Bill 7 (SB7) signed into law.

Senate Bill 7: Medicaid LTSS Reform Bill

Community First Choice Option (CFCO)

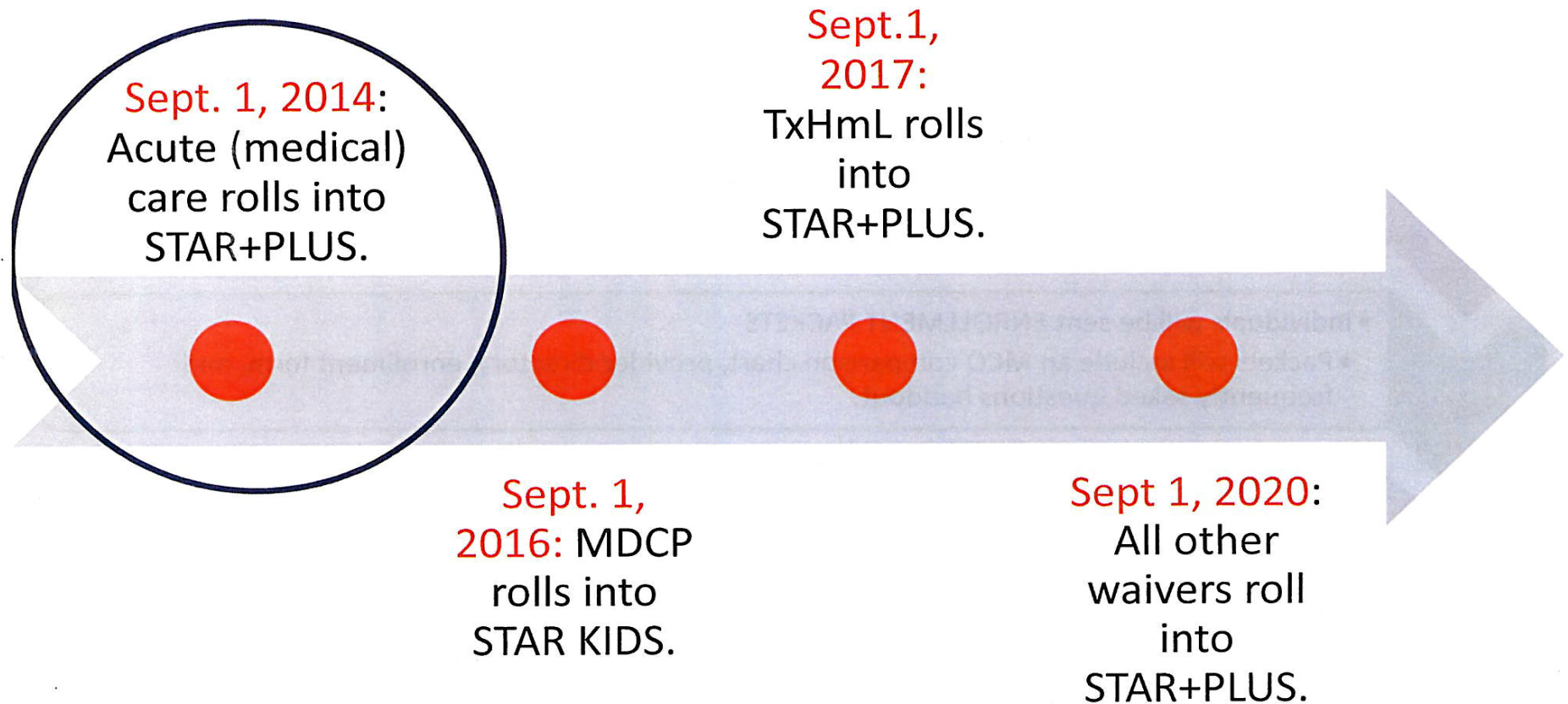
provides habilitation and attendant care services to people on the Medicaid community waivers interest lists. **Scheduled for implementation in March 1 2015, pending federal approval.**

Medicaid Managed Care Initiatives

changes how Texas manages and pays for medical and LTSS services for people with IDD in CLASS, DBMD, HCS, TxHmL

also effects medical and LTSS in MDCP

Broad Timeline of SB7



****Individuals who have a waiver in 2020 may keep their waiver instead of moving into STAR+PLUS!**

Medicaid Managed Care Initiatives

HHSC Website

<http://www.hhsc.state.tx.us/medicaid/managed-care/mmc.shtml>

- General information about expansion of Medicaid Managed Care in Texas
- Informational meetings
- Advisory Committees
- Q&A Documents

Looking Ahead: Sunset Commission Recommendations regarding DADS

Composed of legislators and public members, periodically evaluate a state agency to determine if the agency is still needed and to explore ways to ensure that the agency's funds are well spent.

The Sunset Commission Staff Report: DADS recommends closure of 6 of the 13 SSLCs

<https://www.sunset.texas.gov/reviews-and-reports/agencies/department-aging-and-disability-services-dads>



STAR+PLUS Waiver Program - STAR+PLUS a Medicaid managed care program is administered through the Texas Health and Human Services Commission (HHSC)

- provides health-care and long-term services and supports through a medical plan

<https://www.hhsc.state.tx.us/starplus/overview.shtml>



YES Waiver

Youth Empowerment Services Waiver - The YES Waiver program is administered through the Texas Department of State Health Services (DSHS)

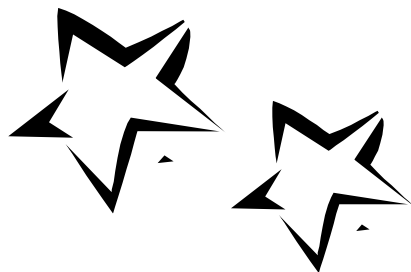
- for individuals who have a Serious Emotional Disturbance (SED)
- available in three counties (Bexar, Tarrant, Travis)

<http://www.dshs.state.tx.us/mhsa/yes/>

Children with Special Health Care Needs (CSHCN) Services Program

CSHCN is administered through the Texas Department of State Health Services (DSHS) and helps

- children – under age 21 - with special health-care needs who meet eligibility criteria
- people of any age with cystic fibrosis



For more information

<http://www.dshs.state.tx.us/cshcn/>



Non-educational Community-based Support Services

- Funds may be used only for eligible students with disabilities who, without the provision of non-educational community-based support services, would remain or would have to be placed in residential facilities for education reasons.
- Parents must request services through an application process at their Local Education Agency (LEA).



<http://www.tea.state.tx.us/index2.aspx?id=2147497817>

Texas Department of Assistive and Rehabilitative Services (DARS)

DARS services include, but are not limited to

- Autism Program
- Comprehensive Rehabilitation Services
- Division for Blind Services
- DRS Rehabilitation Technology and Resource Center
- Early Childhood Intervention Services (ECI)
- **Independent Living Services and Centers**
- Office for Deaf and Hard of Hearing Services
- **Specialized Tele-Communications Assistance Program (STAP)**
- Vocational Rehabilitation (VR) Program

<http://www.dars.state.tx.us/>

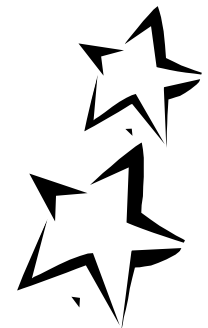




Texas Department of State Health Services - Mental Health Services

DSHS Children's Mental Health serves children ages 3 through 17 with a diagnosis of mental illness (excluding a single diagnosis of substance abuse, intellectual disability, autism or PDD) who exhibit serious emotional, behavioral or mental disorders and who:

- Have a serious functional impairment; or
- Are at risk of disruption of a preferred living or child care environment due to psychiatric symptoms; or
- Are enrolled in a school system's special education program because of serious emotional disturbance





Children's Mental Health services include, but are not limited to...

- Screenings
- Assessment
- Crisis Hotline
- Crisis Intervention Services
- Respite Services
- Safety Monitoring
- Crisis Transportation
- Children's Crisis Residential Services
- Crisis Stabilization Unit

<http://www.dshs.state.tx.us/mhsa/mh-child-adolescent-services/>



Texas Health Steps



The Texas Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) program for children birth – 20 who receive Medicaid



Medical

Dental

Case Management

<http://www.dshs.state.tx.us/thsteps/about.shtm>

Comprehensive Care Program (CCP) - an expanded program of Texas Health Steps covers services that are not usually allowed or more limited under Medicaid for the adult population.

http://www.dshs.state.tx.us/thsteps/services_ccp.shtm

Aging and Disability Resource Centers (ADRC)

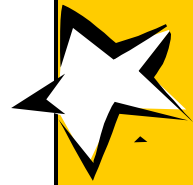


- Aging and Disability Resource Centers (ADRC) - provide information about and help with state and federal benefits. They can also help you learn about local programs and services.
- Not available in every county.



For more information or to find out if there is an ADRC in your area visit

<http://www.dads.state.tx.us/services/adrc/index.html>



Charitable Organizations

Alexander Vision Clinic - provide free eye exams and glasses to low-income, uninsured children.

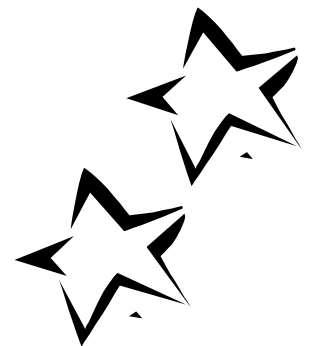
<https://www.cookchildrens.org/SpecialtyServices/Ophthalmology/Pages/default.aspx>

Ambucs™ - dedicated to creating mobility and independence for individuals who have a disability.

<http://www.ambucs.org/>

Dental Care: a nationwide directory of dental services/clinics that provide free and sliding scale dental work.

<http://www.freedentalcare.us/>



First Hand: provide funding for individual children with health related needs when insurance and other financial resources have been exhausted.

<https://applications.cerner.com/firsthand/>

Gill Children's Services Ft. Worth: a funding source of last resort that provides a safety net for Tarrant County Children whose medical, dental, physical, social, psychological and educational needs have not been met by other community resources.

<http://www.gillchildrens.org/>

H2oPE: provide a free aquatic fitness program for children (3-18) who have a disability.

<http://www.differentstrokesswimschool.com/h2ope.htm>

Medical Clinics: specialized medical care and diagnostic testing for adults with epilepsy or a seizure disorder without health insurance.

<http://efx.org/programs/medical-clinics/>

Prescription Assistance Programs

<http://www.txdisabilities.org/prescription-assistance>

Ragan's Hope: provides financial, emotional and spiritual support to parents of children with catastrophic illnesses or injuries.

<http://raganshope.org/>

Save A Smile: Volunteer dentists are matched with qualifying patients and dental care is given in the dentists' private offices, free of charge to the families.

<https://www.centerforchildrenshealth.org/en-us/Counties/tarrantcounty/saveasmile/Pages/default.aspx>

Texas Elk's Grants for Special Kids: provide prosthetic devices not otherwise covered by insurance.

<http://texaselks.org/>

The Parker Lee Project, Inc.: provide equipment and supplies for applicants who qualify.

<http://www.theparkerleeproject.org/about-us.html>

The Humanitarian Foundation Dental Care for Children with Special Needs Program – provide dental care for children (under 18) who have a disability and may otherwise go without.

<http://www.hfgrotto.org/programs/the-dental-program/>

United Health Care Children's Foundation – provides financial assistance to help families gain access to medically related services not covered, or not fully covered by the available commercial health insurance plan, and that may have the potential to significantly enhance children's clinical conditions.

<http://www.uhccf.org/>

Variety® The Children's Charity of Texas – offers funding directly to families who have children with special needs in 3 different identified giving categories.

<http://www.varietytexas.org/>

Faith Based Respite Resources

Apt. G: A Place to Go - First United Methodist Church Allen

<http://f165298.wpengine.com/ministries/special-needs-ministry/>

A free program that offers youth in 6th grade and up (and their caregivers) a night out.

Bryan's Buddies Special Needs Respite Night – First Methodist Church Grapevine

http://www.firstmethodistgrapevine.org/10664/content/content_id/251258/Special_Needs

A free evening of respite for families of children - infant through 18 years of age - who have a disability and their siblings.

Evening Stars – First Colleyville

<http://firstcolleyville.com/events/details/2013/05/24/evening-stars-4/>

A free monthly respite program for families in our community who have special needs children Provide a night of respite for caregivers of children who have a disability and their sibling's through age 11.

First Friday Respite Program – FUMC Arlington

<http://www.arlingtonmethodist.org/SpecialNeeds>

A free first respite care program for children who have a disability and their siblings.

Harvey's Kids - Holy Covenant United Methodist Church
Carrollton

<http://www.hcumc.org/index.php/serve/community/special-needs.html>

A monthly respite program for families of children who have a disability (infant through 5th grade) and their siblings (infant through 13 years of age).

Loving HANDS Saturday Evening of Rest - First United
Methodist Church of Coppell

<http://fumccoppell.org/ministries/children/special-needs>

A respite programs for children who have a disability (1 – 16 years) and their siblings (up to age 10).

Night OWLS (Out With Loving Sitters) – Highland Park United Methodist Church

<http://www.hpumc.org/specialneeds/>

A respite program for children (up to age 13) who have a disability and their siblings.

Parents' Night Out (PNO) - Alsbury Baptist Church

<http://www.alsburybaptist.com/specialneeds.php>

A respite program for parents of children who have a disability and their siblings.

Revive - North Side Baptist Church of Weatherford

<http://www.nsbweatherford.com/ministries/special-needs/revive-respice>

A respite program for parents of children who have a disability (through grades 12) and their siblings (12 years of age or younger).



Natural Supports



A natural support is something that you or your family can access for fun, for encouragement, or for assistance because it has already been established through natural relationships or typical routines.

can be a who...

can be a what...

Article: What Are Natural Supports

http://www.arcnetc.org/uploads/Natural_Support.pdf



Thank You!



COMMUNITY **NOW!**

Independence from waiting. Freedom from institutions.

Visit us

<http://www.communitynowfreedom.org>

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<https://www.facebook.com/communitynowfreedom>