



# Special Needs

## Fitness & Health Education Program



A four week program starting Tuesday May 6 from 6:00pm to 7:30pm and continuing every Tuesday in May and culminating with a family celebration and resource fair on May 31st.

**Tuesdays May 6, 13, 20 & 27**

**6:00 pm – 7:30 pm**

**Northside Community Center**

**1100 NW 18<sup>th</sup> Street**

**Fort Worth Texas 76164**

**Phone: (817)871-5820**



**Connecting families with services beneficial to their quality of life!**