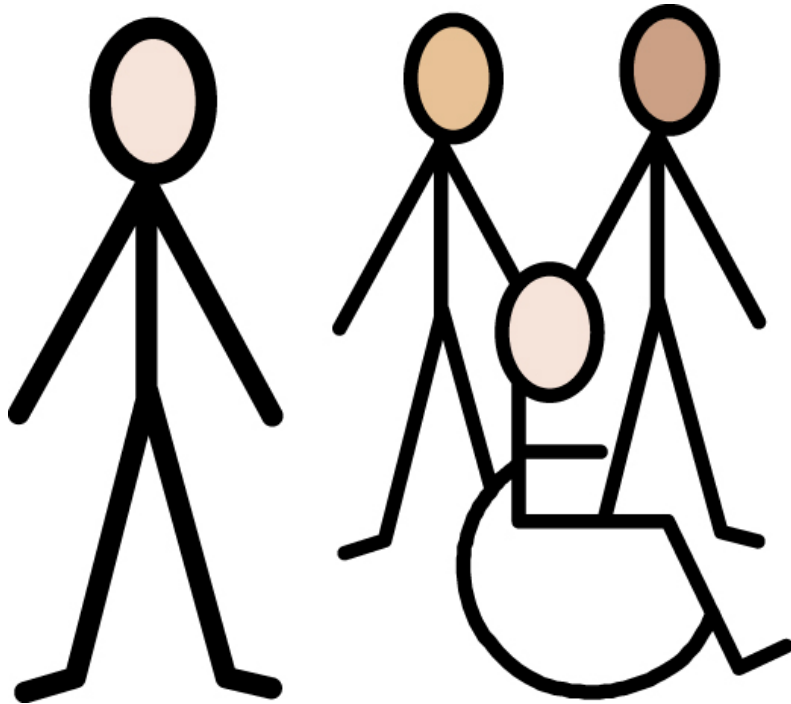


# Funding Resources: What Every Family Needs to Know!



Ft. Worth Special Needs Health & Fitness Program

Cindi Paschall

[cindi@communitynowfreedom.org](mailto:cindi@communitynowfreedom.org)

Community **Now!**

<http://www.communitynowfreedom.org/>

Follow us on facebook

<https://www.facebook.com/communitynowfreedom>

# What is your dream?

- What do you want for your child now and in the future?
- **What do they want for themselves?**
- How do YOU define your role in helping your child reach ***their*** goals?
- Who can help you to help your child reach their goals?



... disability is a natural part of the human experience and in no way diminishes the right of individuals to —

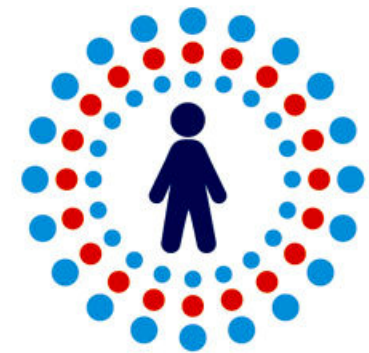
- (A)** live independently;
- (B)** enjoy self-determination;
- (C)** make choices;
- (D)** contribute to society;
- (E)** pursue meaningful careers; and
- (F)** enjoy full inclusion and integration in the economic, political, social, cultural, and educational mainstream of American society

Disability Is Natural <http://www.disabilityisnatural.com/>



# Person-Centered Planning

- a discovery process that leads to finding the balance between what is important **to** a person and **for** a person
- uses a variety of tools and strategies
- encourages people to listen with all senses



# Person Centered-Planning Resources

Families Planning Together: Starting to Work on an Essential Life Style Plan

<http://learningcommunity.us/documents/FPTGuide.11-03.pdf>

Creating a Good Life in Community: A Guide on Person Directed Planning

<http://www.individualizedfunding.ca/A%20Guide%20on%20Person-Directed%20Planning.pdf>

Dreamworks Planning Tool

[http://www.arcnetc.org/uploads/Dreamwork\\_My\\_Child.pdf](http://www.arcnetc.org/uploads/Dreamwork_My_Child.pdf)

Person-Centered Planning Tool Kit

<http://www.arcnetc.org/uploads/PersonCenteredPlanningToolkit.pdf>

**It is better to look ahead and prepare than to look back and regret." - Jackie Joyner-Kersey**



## **Long-Term Care Supports & Services**

Long-term care supports and services (LTSS) provide daily health care and living needs to qualified individuals (of all ages) who have a disability or long-term illness in the community or in an institutional setting.

## **LTSS include, but are not limited to...**

- Adaptive Aids
- ADL
- Behavioral Supports
- Dental
- Financial Management
- Habilitation
- Personal Care
- Minor Home Modifications
- Nursing
- Residential Assistance
- Respite
- Specialized Therapies
- Supported Employment
- *And more...*

"**Independence** is not measured by the number of tasks we can do without assistance, but by the **quality of life** we can lead **WITH** assistance."

Americans with Disabilities Act of 1990



# Natural Supports

A natural support is something that you or your family can access for fun, for encouragement, or for assistance because it has already been established through natural relationships or typical routines.

can be a who...

can be a what...

Article: What Are Natural Supports

[http://www.arcnetc.org/uploads/Natural\\_Support.pdf](http://www.arcnetc.org/uploads/Natural_Support.pdf)



## Generally speaking...

- Some LTSS programs **do not** consider family income.
- LTSS program eligibility is determined when services are offered.
- The “interest list” for Medicaid Waiver programs is lengthy!
  - Keep contact information current!
  - Yearly contact **required!**
  - Over 100,000 people waiting
  - 12,000 people to be offered CFCO FY 2014-2015



Interest list reduction summary:

<http://www.dads.state.tx.us/services/interestlist/index.html>

- LTSS programs include but are **NOT** limited to Medicaid Waiver programs, HCS group homes and ICF-IID facilities.
- Each LTSS program has different eligibility requirements, rules, funding amounts and service options.
- LTSS program options vary by county.
- Service rates vary per LTSS program.
- Institution-based care costs are considerably higher than community-based care.

# Sweeping change is inevitable!

- SB7 - Medicaid LTSS Reform Bill signed into law June 14, 2013
  - changes how Texas manages and pays for medical and LTSS services for people with IDD in CLASS, DBMD, HCS, TxHmL
  - Also effects medical and LTSS in MDCP
- SB7 information
  - DADS SB7 Frequently Asked Questions  
[http://www.communitynowfreedom.org/uploads/SB\\_7\\_FAQs\\_07.15.13\\_.docx](http://www.communitynowfreedom.org/uploads/SB_7_FAQs_07.15.13_.docx)
  - Arc Texas  
<http://www.thearcoftexas.org/site/PageServer?pagename=SenateBill7Information>

# Broad Timeline of SB7

- September 1, 2014 – Acute (medical) care rolls into STAR+PLUS
- September 1, 2016 – MDCP rolls into STAR KIDS
- September 1, 2017 – TxHmL rolls into STAR+PLUS
- September 1, 2020 – All other waivers roll into STAR+PLUS

# Medicaid Managed Care Initiatives

## HHSC Website

- General information about expansions of Medicaid Managed Care in Texas
- Informational meetings
- Advisory Committees
- Q&A Documents

<http://www.hhsc.state.tx.us/medicaid/MMC.shtml>

# DADS Community-Based LTSS Programs

Medicaid Waiver programs are the most commonly known LTSS.

Medicaid Waiver programs administered through the Texas Department of Aging and Disability Services (DADS)

- Community Based Alternatives (CBA)
- Community Living Assistance and Support Services (CLASS)
- Deaf-Blind/Multiple Disability (DBMD)
- Home and Community Based Services (HCS)
- Medically Dependent Children Program (MDCP)
- Texas Home Living (TxHmL)

Waiver Program comparison chart

[http://www.dads.state.tx.us/providers/waiver\\_comparisons/LTSS-Waivers.pdf](http://www.dads.state.tx.us/providers/waiver_comparisons/LTSS-Waivers.pdf)

## Other Community-Based LTSS programs include, but are not limited to...

- Community Attendant Services (CAS) - Provides non-skilled personal care services to people who need help with personal care tasks
- IDD Community Services (Local Authority Services) - Services and supports, such as day habilitation, community support and respite provided to assist persons to live in the community
- In-Home and Family Support Program (IHFS) - Grants to persons age four and older who have physical disabilities, to purchase disability-related services, minor home modifications and equipment that are not available under any other program.
- Primary Home Care (PHC) - Provides non-skilled, personal care services for people with Medicaid whose chronic health problems impair their ability to perform activities of daily living



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# Consumer Directed Services (CDS)

- Gives you a choice about how your services are managed:
  - Agency option (Agency Managed)
  - Service Responsibility option (Co-Managed)
  - Consumer Directed Services employer (Self-Managed)
- Services that can be self-directed vary by program

<http://www.dads.state.tx.us/services/cds/index.html>



# Institution-Based LTSS

Intermediate Care Facility for Persons with an Intellectual Disability or Related Condition (ICF-IDD) – An ICF-IDD is state operated facility that provides 24 hour residential and habilitation services to qualified Individuals.

There are two types of ICF-IDD in Texas.

- Community-based home (small – up to 8 people, medium 9 to 13 people, and large - 14+ people)
- State Supported Living Centers (SSLCs) – large institution for apx. 70 – 550 residents

\* Texas maintains 13 SSLCs

\* SSLC resident population as of October 2013: 3524

Texas SSLCs have and continue to be monitored as part of a settlement agreement with the Department of Justice, Office of Civil Rights for “serious deficiencies at multiple facilities, a long history of abuse, neglect, and exploitation and failure to serve Facility residents in the most integrated setting appropriate to their individual needs”.

Details of the DOJ Complaint, the settlement agreement, and all monitoring team reports are available on the CN! website.

<http://www.communitynowfreedom.org/DOJ - Monitoring Reports.php>

Nursing Facility (NF) – residential facilities that provide services for individuals whose medical condition regularly requires the skills of licensed nurses.

# LTSS: A closer look...

- Comparison charts were created to describe the similarities and differences among DADS LTSS waiver and entitlement programs
  - LTSS Entitlement Programs  
[http://www.dads.state.tx.us/providers/waiver\\_comparisons/LTSS-Entitlement.pdf](http://www.dads.state.tx.us/providers/waiver_comparisons/LTSS-Entitlement.pdf)
  - DADS Waiver Programs  
[http://www.dads.state.tx.us/providers/waiver\\_comparisons/](http://www.dads.state.tx.us/providers/waiver_comparisons/)
- LTSS program details and contact information are available through the DADS website  
<http://www.dads.state.tx.us/services/listofservices.html>

**NOTE:** The Olmstead decision requires states to eliminate unnecessary segregation of persons with disabilities and to ensure that persons with disabilities receive services in the most integrated setting appropriate to their needs. For more information about the Olmstead decision, visit <http://www.ada.gov/olmstead/index.htm>.



# STAR+PLUS

STAR+PLUS Waiver Program - STAR+PLUS a Medicaid managed care program is administered through the Texas Health and Human Services Commission (HHSC)

- provides health-care and long-term services and supports through a medical plan

<https://www.hhsc.state.tx.us/starplus/overview.shtml>



## YES Waiver

Youth Empowerment Services Waiver - The YES Waiver program is administered through the Texas Department of State Health Services (DSHS)

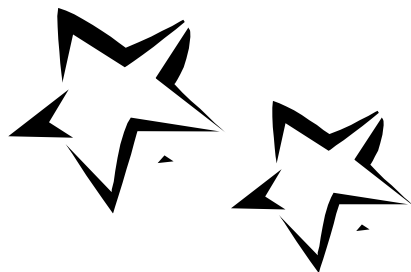
- for individuals who have a Serious Emotional Disturbance (SED)
- available in three counties (Bexar, Tarrant, Travis)

<http://www.dshs.state.tx.us/mhsa/yes/>

# Children with Special Health Care Needs (CSHCN) Services Program

CSHCN is administered through the Texas Department of State Health Services (DSHS) and helps

- children – under age 21 - with special health-care needs who meet eligibility criteria
- people of any age with cystic fibrosis



For more information

<http://www.dshs.state.tx.us/cshcn/>





## **Non-educational Community-based Support Services**

- Funds may be used only for eligible students with disabilities who, without the provision of non-educational community-based support services, would remain or would have to be placed in residential facilities for education reasons.
- Parents must request services through an application process at their Local Education Agency (LEA).



<http://www.tea.state.tx.us/index2.aspx?id=2147497817>

# Texas Department of Assistive and Rehabilitative Services (DARS)

DARS services include, but are not limited to

- Autism Program
- Comprehensive Rehabilitation Services
- Division for Blind Services
- DRS Rehabilitation Technology and Resource Center
- Early Childhood Intervention Services (ECI)
- Independent Living Services and Centers
- Office for Deaf and Hard of Hearing Services
- **Specialized Tele-Communications Assistance Program (STAP)**
- Vocational Rehabilitation (VR) Program

<http://www.dars.state.tx.us/>

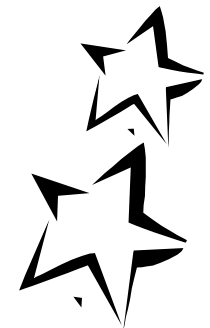




## Texas Department of State Health Services - Mental Health Services

DSHS Children's Mental Health serves children ages 3 through 17 with a diagnosis of mental illness (excluding a single diagnosis of substance abuse, intellectual disability, autism or PDD) who exhibit serious emotional, behavioral or mental disorders and who:

- Have a serious functional impairment; or
- Are at risk of disruption of a preferred living or child care environment due to psychiatric symptoms; or
- Are enrolled in a school system's special education program because of serious emotional disturbance





Children's Mental Health services include, but are not limited to...

- Screenings
- Assessment
- Crisis Hotline
- Crisis Intervention Services
- Respite Services
- Safety Monitoring
- Crisis Transportation
- Children's Crisis Residential Services
- Crisis Stabilization Unit

<http://www.dshs.state.tx.us/mhsa/mh-child-adolescent-services/>



# Texas Health Steps



The Texas Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) program for children birth – 20 who receive Medicaid



Medical

Dental

Case Management

<http://www.dshs.state.tx.us/thsteps/about.shtm>

Comprehensive Care Program (CCP) - an expanded program of Texas Health Steps covers services that are not usually allowed or more limited under Medicaid for the adult population.

[http://www.dshs.state.tx.us/thsteps/services\\_ccp.shtm](http://www.dshs.state.tx.us/thsteps/services_ccp.shtm)

# Aging and Disability Resource Centers (ADRC)



- Aging and Disability Resource Centers (ADRC) - provide information about and help with state and federal benefits. They can also help you learn about local programs and services.
- Not available in every county.



For more information or to find out if there is an ADRC in your area visit

<http://www.dads.state.tx.us/services/adrc/index.html>